

Alicia Agard is a naturopathic/homeopathic practitioner with 25 -plus years of experience.

Her studies include biological medicine in Europe and Canada.

I followed in my grandmother's footsteps; she was a master herbalist and reflexologist and other types of holistic therapies.

I started my early career as a computer programmer and coder, then premed, finally settled in the world of "Natural medicine". Intrigued with the diverse approaches to healing while studying naturopathic medicine, I became certified in reflexology, and acupuncture. My passion for homeopathy lead me to study Homeopathy in depth that was offered in my naturopathic studies.

My hobbies and interest:

I am an amateur photographer (prefer nature photography), and dabbler in art.

I enjoy going for walks, travelling and reading, movies, documentaries, podcasts.

Currently reside in Houston, owner of Nature's Restorative Health.