

Acu-wave - Relax, Reset, Renew, and Restore.

Brain wave device developed in Germany and used in many wellness clinics in Europe.

Suitable for ages 9 and older.

(not suitable for people with epilepsy, pacemakers, or any other electrical implants).

What is stress?

Stress is how your brain and body respond to a challenge or demand. Stress can cause anxiety, increase your blood pressure, heart rate, blood sugar levels, and many other physiological discomforts. This response is sometimes called a "fight or flight" response.

The system has several corrective programs: stress, sleep, immune system, lymphatic, and endocrine to name a few.

Process: Non-invasive and painless.

By placing electrodes on certain acupoints on the body (hands, feet) or using a wrist strap on your wrist, to connect you to the system.

What can be helped:

- Relieves acute and chronic stress.
- Fatigue and exhaustion
- Excessive Worry
- Ruminating Thoughts
- Fear
- Chronic Stress
- Difficulty Staying or Falling Asleep
- Fatigue
- Lack of Motivation
- Sadness
- Irritability
- Anger
- Mood Swings
- Hyperactivity
- Brain Fog
- Panic
- Help with sleep disorders.

Benefits:

- Boost creativity and productive potential.
- Immune enhancement/regulation.
- Improves mental clarity and brain functioning.
- Increases your level of physical energy and mental concentration.
- Integrates left and right brain for clearer thinking.
- Deep relaxation.
- Better balance and harmony in life.
- Enhanced concentration.