

Acu-wave-Satori

Suitable for ages 9 and older.

(not suitable for people with epilepsy, pacemakers, or any other electrical implants).

Relax, Reset, Renew, and Restore.

What is stress?

Stress is how your brain and body respond to a challenge or demand. Stress can cause anxiety, increase your blood pressure, heart rate, blood sugar levels, and many other physiological discomforts. This response is sometimes called a "fight or flight" response.

The system has several corrective programs: stress, sleep, cognitive, immune system, lymphatic, and endocrine to name a few.

Process: Non-invasive and painless.

By placing electrodes on certain acupoints on the body (hands, feet) or using a wrist strap on your wrist, to connect you to the system.

What can be helped:

- Relieves acute and chronic stress.
- Fatigue and exhaustion
- Excessive Worry
- Ruminating Thoughts
- Fear
- Chronic Stress
- Difficulty Staying or Falling Asleep
- Fatigue
- Lack of Motivation
- Sense of Despair
- Sadness
- Irritability
- Anger
- Mood Swings
- Hyperactivity
- Poor Memory
- Poor Concentration
- Brain Fog
- Panic
- Help with sleep disorders.

Benefits:

- Boost creative and productive potential.
- Immune enhancement/regulation.
- Improves mental clarity and brain functioning.
- Increases your level of physical energy and mental concentration.
- Integrates left and right brain for clearer thinking.
- Improves self-confidence.

- Deep relaxation.
- Better balance and harmony in life.
- Enhanced concentration.